

SEAWEED WORKSHOP by Heidi Herrmann

Saturday, June 25th, 2016

Fort Ross State Historic Park

Start your day early!

8am low-tide foray and field work, followed by
11pm illustrated presentation



Join us for the third annual Seaweed Workshop at Fort Ross and support the Marine Ecology Program! We live in abundance, including a rich variety of seaweeds! Seaweeds can be used as food, medicine and fertilizer. Nori, wakame, bladderwrack and kombu are just a few of the local seaweeds that we'll learn about. Go out in the morning with expert guidance, we'll go on a foray and practice our identification skills and more. Later in the afternoon, the informative illustrated presentation includes how to identify, sustainably harvest and use our coastal "sea vegetables" and will also discuss pollutants, the health of our coastlines, harvest cycles and the health benefits of seaweed.

\$40 full day including lecture and field work, or \$20 lecture only (plus California State Parks \$8 per car entrance fee).

All profits go to our new Marine Ecology Educational Fund. Buy your tickets today and help us keep this wonderful **Marine Ecology Program** alive for future youth!

For more information, contact Special Events & Marine Ecology Program Manager Sondra Hunter at sondrah@fortross.org or 707.847.3437. Tickets can be purchased at: Eventbrite.

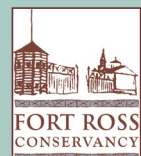


Brought to you by Fort Ross Conservancy

www.FortRoss.org

info@fortross.org

707-847-3437



California State Parks supports equal access.

Prior to arrival, visitors with disabilities who need assistance should contact (707)847-3437.